

# St. Elphin's School

PHYSICAL  
EDUCATION

MAY 1989



## EXTRA-CURRICULAR

YEARS 1-4

Boarders take part in 40 minutes leisure activities on a Saturday Afternoon.

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### MATCHES

Matches in all major sports are held weekly and sometimes twice weekly. Teams participate in Area, County and National Competitions.

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### CLUBS

Self Defence  
Trampolining  
Diving  
Synchronised Swimming  
Golf  
Horse Riding  
Archery  
Keep Fit

## TRIPS

This year the Physical Education Department organised a week's Ski-Trip to Interlaken in Switzerland.

34 girls travelled in the group.

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## Staff

Mrs S.M. Hayward - Director  
I.M.Marsh College of Physical Education

Miss M. Carmichael  
I.M. Marsh College of Physical Education

Mrs P. Hooton  
Matlock College

Mr J. Soppitt  
Swimming Specialist